



NC Team Assignment Sheet

Girls/Boys



Coach(s) _____

Church _____ Year _____



This sheet is for the coaches' convenience – do not turn it in!

Indicate each team member's participation in an event by an (X).

Team Member's Names:

Event	1	2	3	4	5	6	7	8	9	10	11
Bean Bag Relay - 10 - 16 players - 3 heats 1 st - 5 - 8 players - 7 throws 2 nd - 5 - 8 different players - 7 throws 3 rd - 10 - 16 players (team heat) - 15 throws											
Sprint Relay - 3 runners - 1 lap each (2) 3 rd /4 th & (1) 5 th /6 th											
Bean Bag Grab - 6 players - 1 heat (3) 5 th /6 th & (3) 3 rd /4 th											
3-Legged Race - 4 runners - 2 laps each - 2 heats 1 st - (2) 3 rd /4 th 2 nd - (2) 5 th /6 th											
Sprint Race - 1 runner - 3 laps - 1 heat (1) 3 rd /4 th											
4-Way Tug - 6 players - 3 heats 1 st - (2) 3 rd /4 th 2 nd - (2) 5 th /6 th 3 rd - (2) 5 th /6 th											
Balloon Volley - 6 players - 3 heats 1 st - (2) 3 rd /4 th 2 nd - (2) 3 rd /4 th 3 rd - (2) 5 th /6 th											
Marathon Relay - 3 runners - 2 laps each - 1 heat (1) 3 rd /4 th & (2) 5 th /6 th											
Marathon Race - 1 runner - 6 laps - 1 heat (1) 5 th /6 th											
Balloon Relay - 15 players - 3 heats 5 different players each heat (If less than 15 players, may repeat players)											
Bean Bag Bonanza - 10 players - 2 heats 1 st - 5 players 2 nd - 5 different players											
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